TIGHT K E-BULLETIN

November 2022, Issue 11

PARTICIPANTS RECRUITED IN OCTOBER



Last month we recruited **75 participants, our secondbest recruiting month so far!** A huge thank you to all our sites.

From this month, we are introducing a Meet the Team feature, starting with the highest recruiting site in October, Team Basildon (see next page)

WELCOME TO ROYAL SUSSEX

Royal Sussex Hospital St Thomas' Hospital **Derriford Hospital Basildon Hospital Freeman Hospital** Northern General Hospital John Radcliffe Hospital **Blackpool Hospital** Leeds Royal Infirmary St George's Hospital Hammersmith Hospital Liverpool Heart and Chest Hospital **Castle Hill Hospital** King's College Hospital Wythenshawe Hospital St Bartholomew's Hospital



MEET THE TEAM **T** BASILDON HOSPITAL



L-R: Donna Wright (IHT Nurse Specialist), Mr. Youssef Abouelela (CTC Surgeon), Dr Maria Maccaroni (Study PI/Consultant Anaesthetist), Sofia Matias (Research Nurse), Jonaifah Ramirez (Research Nurse). Not in the picture: Research nurses: Emily Redman and Kelly Musson

We asked the team to tell us what advice they would give to new sites:

- Try to get as many of the surgeons and anaesthetists on board with the trial as possible. Keep persevering, and take advantage of every opportunity to present and discuss the trial with colleagues in order to build support for the study.
- When you start, reflect and learn on your experience of recruiting your first few participants and use those insights to improve your practice.
- Focus on data quality, not just on the number of participants you recruit.
- Team work is essential! We are fortunate to have excellent working relationships between the clinical and research teams and it has been keen to key to our success on Tight K.

